



Town Of Miami Lakes

15700 NW 67 Avenue • Miami Lakes, FL 33014

(305) 364-6100 / Fax (305) 558-8511

www.miamilakes-fl.gov

(305) 698-9308

lysakk@miamilakes-fl.gov

PRESS RELEASE

For immediate release--

Town of Miami Lakes Announces FREE Programs for Senior Citizens for Fall 2010

August 12, 2010

Miami Lakes, Florida-

The Town of Miami Lakes and Hialeah-Miami Lakes Adult and Community Education are excited to announce the start of FREE classes for senior citizens beginning the week of August 30, 2010 at the Miami Lakes Community Center West located at 15151 NW 82nd Avenue (or Boy Scout Road).

Senior participants will be able to choose from the following classes:

Tai Chi	M/W	9:00 am - 11:00 am
Tai Chi	T/H	9:00 am – 11:00 am
Arts and Crafts	M/W	12:00 pm – 2:00 pm
Computer Classes for Seniors (Beginners)	M	9:00 am – 11:00 am
Computer Classes for Seniors (Beginners)	M	12:00 pm – 2:00 pm
Computer Classes for Seniors (Intermediate)	W	9:00 am – 11:00 am
Computer Classes for Seniors (Intermediate)	W	12:00 pm – 2:00 pm
Citizenship Class for Seniors and Adults	T/H	12:00 pm – 2:30 pm

Registration for the Tai Chi, Arts and Crafts, and Citizenship Classes must be done on the first day of class. Pre-registration for the Computer Class for Seniors is required. To register for the Computer Class for Seniors or for more information on all of the FREE classes available for senior citizens, please call Katya Lysak, Recreation Operations Manager, at (305) 698-9308 or by email lysakk@miamilakes-fl.gov.

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About the Town of Miami Lakes:

The Town of Miami Lakes incorporated on December 5, 2000 and is one of thirty-five municipalities in Miami-Dade County, Florida. Miami Lakes is home to approximately 27,300 residents and encompasses about 6.8 square miles. Our boundaries are NW 170th Street and the Palmetto Expressway (826) to the north, NW 138th Street to the south, NW 57th Avenue (Red Road) to the east, and Interstate 75 to the west. More information on the Town and its government can be found at www.miamilakes-fl.gov or by calling 305-364-6100.